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Instructions for use CEA ELISA









CEA ELISA

1. INTRODUCTION

1.1 Intended Use

The **CEA ELISA** is an enzyme immunoassay for the quantitative measurement of Carcinoembryonic Antigen (CEA) in serum or lithium heparin plasma.

2. PRINCIPLE OF THE TEST

The CEA ELISA Kit is a solid phase enzyme-linked immunosorbent assay (ELISA) based on the **sandwich** principle.

The microtiter wells are coated with a monoclonal antibody directed towards a unique antigenic site of the CEA molecule.

An aliquot of sample containing endogenous CEA is incubated in the coated well with enzyme conjugate, which is an anti-CEA antibody conjugated with horseradish peroxidase. After incubation the unbound conjugate is washed off.

The amount of bound peroxidase conjugate is proportional to the concentration of CEA in the sample.

Having added the substrate solution, the intensity of colour developed is proportional to the concentration of CEA in the sample.

3. WARNINGS AND PRECAUTIONS

- 1. This kit is for research use only.
- 2. All reagents of this test kit which contain human serum or plasma have been tested and confirmed negative for HIV I/II, HBsAg and HCV by FDA approved procedures. All reagents, however, should be treated as potential biohazards in use and for disposal.
- 3. Before starting the assay, read the instructions completely and carefully. <u>Use the valid version of instructions for use provided with the kit</u>. Be sure that everything is understood.
- 4. The microplate contains snap-off strips. Unused wells must be stored at 2 °C to 8 °C in the sealed foil pouch and used in the frame provided.
- 5. Pipetting of samples and reagents must be done as quickly as possible and in the same sequence for each step.
- 6. Use reservoirs only for single reagents. This especially applies to the substrate reservoirs. Using a reservoir for dispensing a substrate solution that had previously been used for the conjugate solution may turn solution colored. Do not pour reagents back into vials as reagent contamination may occur.
- 7. Mix the contents of the microplate wells thoroughly to ensure good test results. Do not reuse microwells.
- 8. Do not let wells dry during assay; add reagents immediately after completing the rinsing steps.
- 9. Allow the reagents to reach room temperature (21 °C to 26 °C) before starting the test. Temperature will affect the absorbance readings of the assay. However, values for the samples will not be affected.
- 10. Never pipet by mouth and avoid contact of reagents and specimens with skin and mucous membranes.
- 11. Do not smoke, eat, drink or apply cosmetics in areas where specimens or kit reagents are handled.
- 12. Wear disposable latex gloves when handling specimens and reagents. Microbial contamination of reagents or specimens may give false results.
- 13. Handling should be done in accordance with the procedures defined by an appropriate national biohazard safety guideline or regulation.
- 14. Do not use reagents beyond expiry date as shown on the kit labels.
- 15. All indicated volumes have to be performed according to the protocol. Optimal test results are only obtained when using calibrated pipettes and microtiterplate readers.
- 16. Do not mix or use components from kits with different lot numbers. It is advised not to exchange wells of different plates even of the same lot. The kits may have been shipped or stored under different conditions and the binding characteristics of the plates may result slightly different.
- 17. Avoid contact with Stop Solution containing 0.5 M H₂SO₄. It may cause skin irritation and burns.
- 18. Some reagents contain Proclin 300, BND and/or MIT as preservatives. In case of contact with eyes or skin, flush immediately with water.
- 19. TMB substrate has an irritant effect on skin and mucosa. In case of possible contact, wash eyes with an abundant volume of water and skin with soap and abundant water. Wash contaminated objects before reusing them. If inhaled, take the person to open air.
- 20. Chemicals and prepared or used reagents have to be treated as hazardous waste according to the national biohazard safety guideline or regulation.
- 21. For information on hazardous substances included in the kit please refer to Safety Data Sheets. Safety Data Sheets for this product are available upon request directly from the manufacturer.

Version 6.0-r *Effective: 2020-03-18* 2/7

4. REAGENTS

4.1 Reagents provided

TM E-4131 **Microtiterwells** ш 96

Content: 12x8 (break apart) strips, 96 wells; Wells coated with anti-CEA antibody (monoclonal)

Standards and Controls -Standards: ready to use

contain non-mercury preservative

Cat. no.	Symbol	Standard	Concentration	Volume/Vial
TM E-4101	STANDARD A	Standard A	0 ng/ml	3 ml
TM E-4102	STANDARD B	Standard B	5 ng/ml	1 ml
TM E-4103	STANDARD C	Standard C	10 ng/ml	1 ml
TM E-4104	STANDARD D	Standard D	25 ng/ml	1 ml
TM E-4105	STANDARD E	Standard E	50 ng/ml	1 ml
TM E-4106	STANDARD F	Standard F	100 ng/ml	1 ml
TM E-4151	CONTROL 1	Control 1	For control values and	1 ml (lyophilized)*
TM E-4152	CONTROL 2	Control 2	ranges please refer to vial label or QC Report!	1 ml (lyophilized)*

^{*} see "Reagent Preparation"

TM E-4140 Enzyme Conjugate - Ready to use CONJUGATE

Monoclonal Anti-CEA antibody conjugated to horseradish peroxidase, contains non-Content:

mercury preservative

1 x 14 ml Volume:

FR E-0055 SUBSTRATE Substrate Solution - Ready to use

Tetramethylbenzidine (TMB) Content:

1 x 14 ml Volume:

FR E-0080 STOP-SOLN Stop Solution - Ready to use

contains 0.5M H₂SO₄ Content:

Volume:

Avoid contact with Stop Solution It may cause skin irritations and burns.

Hazard

identification:

H290 May be corrosive to metals.

H314 Causes severe skin burns and eye damage.

FR E-0030 Wash Solution - 40x concentrated WASH- CONC 40x

1 x 30 ml Volume: see "Reagent Preparation"

Note: Additional Standard A for sample dilution is available upon request.

4.2 Materials required but not provided

- A microtiter plate calibrated reader (450 nm, with reference wavelength at 620 nm 630 nm)
- Calibrated variable precision micropipettes
- Absorbent paper
- Distilled or deionized water
- Timer
- Linear graph paper or software for data reduction

4.3 Storage Conditions

When stored at 2 °C to 8 °C unopened reagents will retain reactivity until expiration date. Do not use reagents beyond this date.

Opened reagents must be stored at 2 °C to 8 °C. Microtiter wells must be stored at 2 °C to 8 °C. Once the foil bag has been opened, care should be taken to close it tightly again.

Opened kits retain activity for two months if stored as described above.

4.4 Reagent Preparation

Bring all reagents and required number of strips to room temperature prior to use.

Control

Reconstitute the lyophilized content with 1.0 ml deionized water and let stand for 10 minutes in minimum. Mix the control several times before use.

Note: The reconstituted control should be apportioned and stored at -20 °C.

Wash Solution

Add deionized water to the 40X concentrated Wash Solution.

Dilute 30 ml of concentrated Wash Solution with 1170 ml deionized water to a final volume of 1200 ml.

The diluted Wash Solution is stable for 2 weeks at room temperature.

4.5 Disposal of the Kit

The disposal of the kit must be made according to the national regulations. Special information for this product is given in the Safety Data Sheet.

4.6 Damaged Test Kits

In case of any severe damage to the test kit or components, the manufacturer has to be informed in writing, at the latest, one week after receiving the kit. Severely damaged single components should not be used for a test run. They have to be stored until a final solution has been found. After this, they should be disposed according to the official regulations.

5. SPECIMEN COLLECTION AND PREPARATION

Serum or lithium heparin plasma can be used in this assay.

Do not use haemolytic, icteric or lipaemic specimens.

Note: Samples containing sodium azide should not be used in the assay.

5.1 Specimen Collection

Serum:

Collect blood by venipuncture (e.g. Sarstedt Monovette for serum), allow to clot, and separate serum by centrifugation at room temperature. Do not centrifuge before complete clotting has occurred.

Plasma:

Whole blood should be collected into centrifuge tubes containing anti-coagulant (e.g. Sarstedt Monovette with the appropriate plasma preparation) and centrifuged immediately after collection.

5.2 Specimen Storage and Preparation

Specimens should be capped and may be stored for up to 48 hours at 2 °C to 8 °C prior to assaying. Specimens held for a longer time (up to 12 months) should be frozen only once at -20 °C prior to assay. Thawed samples should be inverted several times prior to testing.

5.3 Specimen Dilution

If in an initial assay, a specimen is found to contain more than the highest standard, the specimens can be diluted with Standard A and reassayed as described in Assay Procedure.

For the calculation of the concentrations this dilution factor has to be taken into account.

Example:

- a) dilution 1:10: 10 μ l sample + 90 μ l Standard A (mix thoroughly)
- b) dilution 1:100: 10 µl dilution a) 1:10 + 90 µl Standard A (mix thoroughly).

6. ASSAY PROCEDURE

6.1 General Remarks

- All reagents and specimens must be allowed to come to room temperature before use. All reagents must be mixed without foaming.
- Once the test has been started, all steps should be completed without interruption.
- Use new disposal plastic pipette tips for each standard, control or sample in order to avoid cross contamination.
- Absorbance is a function of the incubation time and temperature. Before starting the assay, it is recommended that all reagents are ready, caps removed, all needed wells secured in holder, etc. This will ensure equal elapsed time for each pipetting step without interruption.
- As a general rule the enzymatic reaction is linearly proportional to time and temperature.

6.2 Test Procedure

Each run must include a standard curve.

All standards, samples, and controls should be run in duplicate. All standards, samples, and controls should be run concurrently so that all conditions of testing are the same.

- Secure the desired number of Microtiter wells in the frame holder.
- 2. Dispense 50 μ I of each *Standard, Control* and samples <u>with new disposable tips</u> into appropriate wells.
- 3. Dispense 100 µl Enzyme Conjugate into each well.

Thoroughly mix for 10 seconds. It is important to have a complete mixing in this step.

- 4. Incubate for 60 minutes at room temperature.
- 5. Briskly shake out the contents of the wells.

Rinse the wells 3 times with 400 μ l diluted Wash Solution per well, if a plate washer is used - or - rinse the wells 3 times with 300 μ l diluted Wash Solution per well for manual washing.

Strike the wells sharply on absorbent paper to remove residual droplets.

Important note:

The sensitivity and precision of this assay is markedly influenced by the correct performance of the washing procedure!

- 6. Add 100 µl of Substrate Solution to each well.
- 7. Incubate for 30 minutes at room temperature.
- 8. Stop the enzymatic reaction by adding 100 µl of Stop Solution to each well.
- 9. Determine the absorbance (OD) of each well at **450 nm (reading) and at 620 630 nm (background substraction, recommended)** with a microtiter plate reader.

It is recommended that the wells be read within 10 minutes after adding the Stop Solution.

6.3 Calculation of Results

- 1. Calculate the average absorbance values for each set of standards, controls and samples.
- 2. Using linear graph paper, construct a standard curve by plotting the mean absorbance obtained from each standard against its concentration with absorbance value on the vertical (Y) axis and concentration on the horizontal (X) axis.
- 3. Using the mean absorbance value for each sample determine the corresponding concentration from the standard curve.
- 4. Automated method: The results in the Instructions for Use have been calculated automatically using a 4- Parameter curve fit. (4 Parameter Rodbard or 4 Parameter Marquardt are the preferred methods.) Other data reduction functions may give slightly different results.
- 5. The concentration of the samples can be read directly from this standard curve. Samples with concentrations higher than that of the highest standard have to be further diluted or reported as > 100 ng/ml. For the calculation of the concentrations this dilution factor has to be taken into account.

6.3.1 Example of Typical Standard Curve

The following data is for demonstration only and **cannot** be used in place of data generations at the time of assay.

Standard	Opitcal Units (450 nm)		
Standard A (0 ng/ml)	0.06		
Standard B (5 ng/ml)	0.20		
Standard C (10 ng/ml)	0.34		
Standard D (25 ng/ml)	0.62		
Standard E (50 ng/ml)	1.12		
Standard F (100 ng/ml)	2.04		

7. EXPECTED NORMAL VALUES

It is strongly recommended that each laboratory should determine its own normal and abnormal values.

The literature cut-off is 5 ng/ml for non-smokers and 10 ng/ml for smokers.

Version 6.0-r *Effective: 2020-03-18* 5/7

8. QUALITY CONTROL

Good laboratory practice requires that controls be run with each standard curve. A statistically significant number of controls should be assayed to establish mean values and acceptable ranges to assure proper performance.

It is recommended to use control samples according to state and federal regulations. The use of control samples is advised to assure the day to day validity of results. Use controls at both normal and pathological levels.

The controls and the corresponding results of the QC-Laboratory are stated in the QC - Report added to the kit. The values and ranges stated on the QC sheet always refer to the current kit lot and should be used for direct comparison of the results.

It is also recommended to make use of national or international Quality Assessment programs in order to ensure the accuracy of the results.

Employ appropriate statistical methods for analysing control values and trends. If the results of the assay do not fit to the established acceptable ranges of control materials results should be considered invalid.

In this case, please check the following technical areas: Pipetting and timing devices; photometer, expiration dates of reagents, storage and incubation conditions, aspiration and washing methods.

After checking the above mentioned items without finding any error contact your distributor or the manufacturer directly.

9. PERFORMANCE CHARACTERISTICS

9.1 Assay Dynamic Range

The range of the assay is between 0.596 ng/ml - 100 ng/ml.

9.2 Specificity of Antibodies (Cross Reactivity)

Cross-reactivities are not known.

9.3 Sensitivity

The <u>analytical sensitivity</u> of the *CEA ELISA* was calculated by adding 2 standard deviations to the mean of 20 replicate analyses of the Standard A and was found to be < 0.596 ng/ml.

9.4 Reproducibility

Intra-Assays of 3.2 % - 4.9 % were observed. Inter-Assays of 5.6 % - 6.3 % were observed.

9.5 Recovery

Samples have been spiked by adding CEA solutions with known concentrations in a 1:1 ratio.

The % recovery has been calculated by multiplication of the ratio of the measurements and the expected values with 100 (expected value = (endogenous CEA + added CEA) / 2; because of a 1:2 dilution of serum with spike material).

		Sample 1	Sample 2	Sample 3
Concentration (ng/ml)		3.3	18.3	47.1
Average Recovery (%)		90.3	89.4	101.1
Range of Recovery (%) from		87.6	85.8	92.5
	to	95.6	95.2	107.0

9.6 Linearity

		Sample 1	Sample 2	Sample 3
Concentration (ng/ml)		17.7	44.6	85.3
Average Recovery (%)		109.3	96.7	99.9
Range of Recovery (%)	Range of Recovery (%) from		89.9	93.1
	to	114.6	100.4	106.3

Version 6.0-r *Effective: 2020-03-18* 6/7

10. LIMITATIONS OF USE

Reliable and reproducible results will be obtained when the assay procedure is performed with a complete understanding of the package insert instruction and with adherence to good laboratory practice. Any improper handling of samples or modification of this test might influence the results.

10.1 Interfering Substances

Haemolytic, icteric and lipemic sera should be avoided.

The assay contains reagents to minimize interference of HAMA and heterophilic antibodies. However, extremely high titers of HAMA or heterophilic antibodies may interfere with the test results.

10.2 Drug Interferences

Smokers have been reported to exhibit increased levels of CEA (see expected values)

10.3 High-Dose-Hook Effect

No hook effect was observed in this test up to 8000 ng/ml of CEA.

11. REFERENCES/LITERATURE

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- 7. Mughal A.W., Hortobagyi G.N., Fritsche H.A., Buzdar A.U. Yap H-Y. and Blumenschein G.R. Serial Plasma Carcinoembryonic Antigen Measurements During Treatment of Metastatic Breast Cancer. JAMA 1983; 259: 1881-1886.

Symbols:

+2 +8 °C	Storage temperature	***	Manufacturer	Σ	Contains sufficient for <n> tests</n>
\square	Expiry date	LOT	Batch code		
[]i	Consult instructions for use	CONT	Content		
Â	Caution	REF	Catalogue number	RUO	For research use only!

Version 6.0-r *Effective: 2020-03-18* 7/7